



Session Resources

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Session A2: Building an Indigenous Resilience-Focused Lens Pt. 1

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Workshop Description: It is important to understand the risk factors for American Indian and Alaska Native (AI/AN) youth at risk or involved in the juvenile justice system in order to support safety and empower youth who may suffer from Childhood Traumatic Stress (CTS). CTS is the result of unaddressed exposure to trauma and contributes to increasing the negative impacts of risk factors. This session will provide critical information about the impact of CTS on the risk factors that can lead to juvenile delinquency and negative involvement in the juvenile justice system and will build a foundation for participants to understand and utilize best practices and Indigenous knowledge to be able to address the impacts of CTS. Understanding risk factors will develop the skills needed to promote protective factors that support AI/AN youth empowerment and enhance family and community safety.

Session Resources:

- [Essential Elements of a Trauma-Informed Juvenile Justice System](#)
This guide offers trauma-informed policies and procedures to help make juvenile justice organizations safer and more effective by ensuring the physical and psychological safety of all youth, family members, and staff and promoting their recovery from the adverse effects of trauma.
- [Trauma-Informed Court Self-Assessment](#)
This tool provides a juvenile justice system with a framework to examine, review, and rate day-to-day operations with a set of benchmarks to evaluate to what extent court operations reflect the content, process, and systems-level procedures reflected in each essential element.
- [Think Trauma: A Training for Working with Justice Involved Youth, 2nd Edition, Participant Workbook](#)
Think Trauma: A Training for Working with Juvenile Justice Involved Youth, 2nd Edition is a training focused on the complex process of creating a trauma-informed juvenile justice



system. This participant workbook covers four comprehensive, skills-based, and interactive modules aimed at audiences of direct care staff who provide services to residential youth. Please note that in order to access this resource, you will need to first [create a free account](#) on the National Child Traumatic Stress Network website.

- [Think Trauma: A Training for Working with Justice Involved Youth, 2nd Edition, Trauma-Informed Individualized Safety Plan](#)

Think Trauma: A Training for Working with Juvenile Justice Involved Youth, 2nd Edition is a training focused on the complex process of creating a trauma-informed juvenile justice system. This is an Individualized Safety Plan that is trauma-informed and can be used by direct care staff who provide services to residential youth. The document is a fillable version. Please note that in order to access this resource, you will need to first [create a free account](#) on the National Child Traumatic Stress Network website.

- [Victimization and Juvenile Offending](#)

This fact sheet discusses the correlation between victimization and juvenile offending. It offers information about the effects of victimization on development, the relationship between victimization and juvenile offending, why the two are related, and the cycle of victimization and subsequent offending.

- [Trauma Among Girls in the Juvenile Justice System](#)

This fact sheet gives details about the growing number of girls in the juvenile justice. It outlines the prevalence of trauma exposure among justice-involved girls, the prevalence of PTSD among justice-involved girls, potential consequences of trauma for girls, the impact of juvenile justice system on traumatized girls, and gender responsive programming.

- [Trauma-Focused Interventions for Youth in the Juvenile Justice System](#)

This fact sheet describes evidence-informed interventions for youth involved in the juvenile justice system. It covers interventions that address posttraumatic emotional and behavioral problems, setting the stage before providing or referring for a therapeutic intervention, intervention for traumatized adolescents, interventions for traumatized youth involved in the juvenile justice system, and additional clinical considerations when working with youth involved in the juvenile justice system.

- [Assessing Exposure to Psychological Trauma and Post-Traumatic Stress in the Juvenile Justice Population](#)

This fact sheet explores the importance, clinical considerations, and approaches to assessing for psychological trauma and posttraumatic stress with youth in the juvenile justice population. It addresses challenges that are unique to assessment within the juvenile justice environment.

- [Trauma-Informed Juvenile Justice Roundtable: Current Issues and New Directions in Creating Trauma-Informed Juvenile Justice Systems](#)

This collection of briefs written by experts invited to the NCTSN Trauma-Informed Juvenile Justice Roundtable address topics essential to creating trauma-informed juvenile justice systems. There is an introduction to the NCTSN Trauma-Informed Juvenile Justice Roundtable, description of the current issues and essential elements of a trauma-informed juvenile justice system, and an outline of possible new directions for the future.

